

## PSHE Curriculum Overview

	<b>PDD1</b>	<b>PDD2</b>	<b>PDD3</b>	<b>Half-Term 5</b>	<b>Half-Term 6</b>
<b>Year 7</b>	<b>Health &amp; Wellbeing</b> <b>Transition and safety</b> Transition to secondary school and personal safety in and outside school, including first aid	<b>Relationships Diversity</b> Diversity, prejudice, and bullying <b>Relationships Building relationships</b> Self-worth, romance and friendships (including online) and relationship boundaries	<b>Health &amp; Wellbeing Health and puberty</b> Healthy routines, influences on health, puberty, unwanted contact, and FGM	<b>Healthy Futures</b> Taking responsibility A balanced diet Positive use of drugs Negative uses of drugs Employment Pathways	<b>Making Safe Choices</b> Presenting self-online Sharing images Reducing risk online Managing personal safety First aid Establishing personal values and clear boundaries
<b>Year 8</b>	<b>Living in the wider world</b> <b>Digital literacy</b> Online safety, digital literacy, media reliability, and gambling hooks	<b>Health &amp; Wellbeing</b> <b>Drugs and alcohol</b> Alcohol and drug misuse and pressures relating to drug use	<b>Living in the wider world</b> <b>Community and careers</b> Equality of opportunity in careers and life choices, and different types and patterns of work	<b>Building Perspectives</b> Assessing Evidence Seeking Perspectives Discussing Issues Respectfully Disagreeing agreeably Stereotyping prejudice and discrimination Building resilience Managing stress and emotional challenges	<b>Water Safety</b> Hidden Dangers in inland water Coastal safety Lifeguards and water safety organisation Wild swimming and water quality Alcohol cold water and emergency awareness Rescue skills and first aid
<b>Year 9</b>	<b>Living in the wider world</b> <b>Employability skills</b> Employability and online presence	<b>Relationships</b> <b>Respectful relationships</b> Families and parenting, healthy relationships, conflict resolution, and relationship changes	<b>Health &amp; Wellbeing</b> <b>Peer influence, substance use and gangs</b> Healthy and unhealthy friendships, assertiveness, substance misuse, and gang exploitation	<b>Risk and Opportunities</b> Dependence Addiction Financial exploitation Pressure to join gangs and exit strategies Risks and opportunities of social media	<b>Consent</b> Consent Online consent Exploitation Our perception of the media Forced marriages

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<b>Year 10</b>	<p><b>Health &amp; Wellbeing</b> <b>Mental health</b></p> <p>Mental health and ill health, stigma, safeguarding health, including during periods of transition or change</p>	<p><b>Living in the wider world</b> <b>Financial decision making</b></p> <p>The impact of financial decisions, debt, gambling and the impact of advertising on financial choices</p>	<p><b>Relationships</b> <b>Healthy relationships</b></p> <p>Relationships and sex expectations, myths, pleasure and challenges, including the impact of the media and pornography</p> <p><b>Addressing extremism and radicalisation</b></p> <p>Communities, belonging and challenging extremism</p>	<p><b>Making Choices</b></p> <p>Blood donation Addressing addiction STIs Sexual health Abortion</p>	<p><b>Building Resilience</b></p> <p>Mental health- body standards Extremism on social media Gambling related harm Pros and cons of spending time online Serious organised crime</p>
<b>Year 11</b>	<p><b>Living in the wider world</b> <b>Next steps</b></p> <p>Application processes, and skills for further education, employment and career progression</p>	<p><b>Health &amp; Wellbeing</b> <b>Building for the future</b></p> <p>Self-efficacy, stress management, and future opportunities</p> <p><b>Health &amp; Wellbeing</b> <b>Independence</b></p> <p>Responsible health choices, and safety in independent contexts</p>	<p><b>Relationships Communication in relationships</b></p> <p>Personal values, assertive communication (including in relation to contraception and sexual health), relationship challenges and abuse</p>		